**Guide to Edible Flowers**

From Garden Spells

**ANGELICA** - Will shape its meaning to your need, but it is particularly good for calming hyper children at your table.

**ANISE HYSSOP** - Eases frustration and confusion.

**BACHELOR’S BUTTON** - Aids in finding things that were previously hidden. A clarifying flower.

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**CHICORY** - Conceals bitterness. Gives the eater a sense that all is well. A cloaking flower.

**CHIVE BLOSSOM** - Ensures you will win an argument. Conveniently, also an antidote for hurt feelings.

**CHIVES** - A stimulant encouraging faithfulness. Frequent side-effects are blindness to flaws and spontaneous apologies.

**HONEYSUCKLE** - For seeing in the dark, but only if you use honeysuckle from a brush of vines at least two feet thick. A clarifying flower.

**HYACINTH BULB** - Causes melancholy and thoughts of past regrets. Use only dried bulbs. A time-travel flower.

**LAVENDER** - Raises spirits. Prevents bad decisions resulting from fatigue or depression.

**LEMON BALM** - Upon consumption, for a brief period of time, the eater will think and feel as he did in his youth. Please note if you have any former hellions at your table before serving. A time-travel flower.

**LEMON VERBENA** - Produces a lull in conversation with a mysterious lack of awkwardness. Helpful when you have nervous, overly-talkative guests.

**LILAC** - When a certain amount of humility is in order. Gives confidence that humbling yourself to another will not be used against you.

**MARIGOLD** - Causes affection, but sometimes accompanied by jealousy.

**NASTURTUM** - Promotes appetite in men. Makes women secretive. Secret sexual liaisons sometimes occur in mixed company. Do not let your guests out of your sight.

**PANSY** - Encourages the eater to give compliments and surprise gifts.

**PEPPERMINT** - A clever method of concealment. When used with other edible flowers, it confuses the eater, thus concealing the true nature of what you are doing. A cloaking flower.

**ROSE GERANIUM** - Produces memories of past good times. Opposite of Hyacinth Bulb. A time-travel flower.

**ROSE PETAL** - Encourages love.

**SNAPDRAGON** - Wards off the undue influences of others, particularly those with magical sensibilities.

**SQUASH & ZUCCHINI BLOSSOMS** - Serve when you need to be understood. A clarifying flower.

**TULIP** - Gives the eater a sense of sexual perfection. A possible side-effect is being susceptible to the opinions of others.

**VIOLET** - A wonderful finish to a meal. Induces calm, brings on happiness, and always assures a good night’s sleep.